

High School  
University Counselling  
Handbook

2020-2021



**Verdala**  
INTERNATIONAL SCHOOL

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**VERDALA INTERNATIONAL SCHOOL  
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**The International School of Choice, Celebrating Diversity,  
Empowering and Inspiring Future Generations.**

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## Letter from the College Counsellor

Hello and Welcome

Welcome to the 2020-21 edition of the High School College Counselling Handbook, a resource in which we provide an outline of support services given to our High School community throughout the last four-year journey prior to university.

What follows provides a window into the life of the College Counselling Department, with milestone guidance from the entry into Grade 9 to the leaving of Grade 12 students, who head out into the world, ready to contribute to it.

**Rose-Ann Trapani**  
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**We proudly present to you this** comprehensive HS Counselling programme which provides personalized Social-Emotional Counselling and University Counselling - empowering students' engagement with studies and life - heralding them to top universities around the world.

## **SECTION A**

### **University Counselling Programme at VIS**

The Counsellor's office in High School is a particularly pivotal point in VIS students' transition to life - be it University or a Gap year. A small number of our students pursue a Gap year option where they choose either to work or simply to travel, expanding their life experience before they choose a study path for their university studies.

Our comprehensive counselling programme guides and supports students throughout the university application process, formally beginning in Grade 11 and continuing throughout Grade 12. Nevertheless, the process in reality starts as early as you really wish to.

Underlying the University Counsellor's programme is a philosophy that builds on the concept of wellbeing, supporting the holistic development of the VIS student. Thus any coaching at VIS considers the personal components of a healthy lifestyle, the social components of a sense of belonging, the emotional components of being OK within oneself, comfortable within relationships and friendships, and the physical components of striking a good study-life balance supported by good sleep, good nutrition and focused, engaged study.

### **Choosing your Universities**

At VIS all stakeholders work together to ensure a smooth process, one that is taken in small, progressive steps. Guidance in terms of informative individual and group meetings with students and parents, and Social-Emotional Counselling are available to facilitate a manageable pathway.

Aspects of the decision process involve understanding one's academic capabilities, skills and aptitude and matching these with a university study programme. Which University and which study programme are suitable? Does one meet the entry requirements? Is one looking into larger or smaller Universities, in the city or on the outskirts? Does one wish to study away from home? How expensive is the local area? Are the University extra-curricular activities of interest? Have you looked at ranking to understand such aspects as student satisfaction scores? Does one's chosen programme offer opportunities for work placement? Accommodation options need to be considered, as are tuition and living expenses.

Addressing these aspects of life at University can support students and parents towards drawing a realistic shortlist of Universities that ultimately one is comfortable to apply to.

## Key Components of a University Application

The following list indicates the key components of a University application. Each will be briefly described below:

- IBDP
- IGCSE
- Predicted Grades
- High School Transcripts
- Admission testing
- SAT testing
- Reference Letters
- Personal Statement
- University Essay
- Interview
- Portfolio

### IB Diploma

Students start this two-year “pre-university” course in the last two years of High School. This is a globally recognized qualification, thus giving one a very good chance of getting into a top university world over. IBDP is a great preparation for tertiary education, developing those essential skills that students will need at university. Clearly outlined on the University’s website are the IBDP point requirement indicating entry criteria as a guiding baseline.

An interesting read on IBDP being a great passport to University is the following:

<https://www.telegraph.co.uk/expat/education-and-family/why-the-ib-is-the-perfect-passport-to-university/>

The following IB website is a guide pointing towards the specific country’s course selection process that need to be taken into consideration when choosing one’s IB Diploma subjects:

<https://www.ibo.org/university-admission/recognition-of-the-ib-diploma-by-countries-and-universities/country-recognition-statements/>

## **IGCSEs**

The International General Certificate of Secondary Education is a globally recognised qualification, delivered in Grade 9 and 10, that is the first two years of High School. The IGCSE curriculum has an international outlook and is tailored for a multi-cultural and multi-lingual audience.

IGCSEs are one of a number of factors that throw light on a students' ability. In as such they form part of the academic profile of a student, supporting a student's application to University. Effectively Universities do look at an application as a contextual whole, factoring in academic qualifications such as the IGCSEs, IBDP, and admission tests, as well as extra curricular activities.

## **Predicted Grades (PGs)**

Most of the University application systems ask for PGs. Teachers produce PGs based upon their experience working with their students and knowledge of the course. This means that all student work throughout the course from the very beginning of Grade 11 is important and influences teachers' assessment of what that student's actual IB scores will turn out to be.

Any overall grade given to a student at any point throughout the course can be considered a PG therefore Semester 1 grades and Semester 2 grades are important for parents and students to have an understanding of how they are performing and what kind of grades are likely to be communicated to Universities. As and when University deadlines arise and PGs have to be communicated, the University Counselor obtains an up to date assessment from teachers as necessary.

## **High School Transcripts**

The High School Transcript is an important part of the University application to countries like the USA, Canada and The Netherlands amongst others. All grades from Grade 9 through to 12 are recorded here. It contains information such as the classes one takes, when taken, and how well one did in them. This document is regularly updated as courses are completed. Universities accept official copies of transcripts, those bearing a seal of VIS and those issued by the office of the University Counselor.

## **Admission Testing**

Standardised testing stipulated by universities complement the IBDP, PGs and Transcript, as indicators of one's academic performance. Though important in essence, they are not considered to be the sole determinant for achieving a place at university. However they remain important indicators of student's achievement and aptitude.



The battery of University admission testing includes the SAT, BMAT, UKCAT, LNAT, HPAT - just to mention a few tests which students may be asked to take, depending on the University's geographic place and programmes chosen.

For example:

The BioMedical Admissions Test (**BMAT**) is an aptitude test used as part of the admissions process for Medicine, Biomedical Sciences and Dentistry in some universities in the United Kingdom, Singapore, Spain, Malaysia, Thailand and the Netherlands -

<http://www.admissionstesting.org/for-test-takers/bmat/>

The UK Clinical Aptitude Test (**UKCAT**) is an admissions test used by a consortium of UK Universities for their Medical and Dental degree programmes - <https://www.ukcat.ac.uk/>

Students applying to study Law in some UK universities require the

The Law National Aptitude Test (**LNAT**) - <https://lnat.ac.uk/>

<https://lnat.ac.uk/registration/dates-and-deadlines/>

Students applying to study Medicine in Ireland will have to take **HPAT test** (Health Professions Admission Test) -

<https://www.medentry-hpat.ie/MedEntry-HPAT-Practice-Exam-Questions-with-Worked-Solutions.pdf>

[https://hpat-ireland.acer.org/files/HPAT-Ireland\\_2018.pdf](https://hpat-ireland.acer.org/files/HPAT-Ireland_2018.pdf)

The Scholastic Aptitude Test - **SAT**

Verdala International School is a testing centre for the **SAT**. Students in Grade 10 and 11 can take the Preliminary Scholastic Aptitude Test (**PSAT**) to practice for **SATs**. The US universities typically require **SAT** testing, whose scores are a highly significant factor at selective universities. Free practice tools are available at: <http://sat.collegeboard.org/practice> and [Khan Academy website](https://www.khanacademy.org/)

## Reference Letters

Recommendation letters advocate for the student and are as important as any other document in one's application. They highlight the student's academic and personal abilities, strengths and limitations, potential to thrive in tertiary education, work ethic, how student handles obstacles, and student's personal passions. Since universities cannot possibly interview each applicant, reference letters help to give an impression of who one is. Whilst UK universities request one recommendation letter from the University Counselor, it is common practice with US universities for example, to request another reference letter from a teacher, as part of the application procedure.

Requests for reference letters need to be made ahead of the deadline by

informing the University Counselor of the referee's name, via email. This ensures efficiency of document uploading.

## **Personal Statement**

The personal statement is an important component of the UCAS, UK application. It's one's chance to document skills, experiences and goals. It tells the story of one's life experiences, personal integrity, social maturity, CAS activities and any voluntary work pursued. One's critical judgment and problem-solving skills, the ability to pursue independent study, one's adaptability, and values are all factors touched upon in this statement.

The Personal Statement needs to show evidence of why one is interested in a particular area of study, what fires up one's academic interest and passion and how can one contribute to society once qualified. In a nutshell this document is the student's personal brand profile, communicated to admissions officers. The following links are good indicators of the nature of this document.

Personal Statement: Do's and Don'ts

<https://www.ucasdigital.com/widgets/personalstatement/index.html#/advice>

<https://www.thecompleteuniversityguide.co.uk/universities/applying-to-university-and-ucas-deadlines/personal-statements-%E2%80%93-an-insider's-view/>

Top tips for writing the perfect Personal Statement

<https://www.thecompleteuniversityguide.co.uk/universities/applying-to-university-and-ucas-deadlines/top-tips-for-writing-the-perfect-personal-statement/>

UCAS Tool to Writing your Personal Statement

<https://www.ucasdigital.com/widgets/personalstatement/index.html#/splash>

## **University Essays**

US universities require students to write essays. Prompts are usually given and students are asked to focus on answering one of them. An example of a prompt might be: "Discuss an accomplishment or event, formal or informal, that marked your transition from childhood to adulthood within your culture, community, or family".

The following site is a good guide to essay writing:

<https://www.timeshighereducation.com/student/advice/how-write-us-college-admissions-essay>

## **Interviews**

Universities may request an interview. This could be conducted in-person or online, typically over Skype. Some interviews are subject dependent, such as for Art, Nursing and Pharmacy courses to mention but a few.

Typically UK universities like Oxford and Cambridge, Imperial College London and University College London, tend to interview applicants as an integral part of the admission procedure. The following link may support your search:

<https://university.which.co.uk/advice/ucas-application/university-interviews-how-to-prepare>

Some universities in the US strongly recommend interviews, like MIT, whilst others consider the interview as optional, such as Stanford and John Hopkins Universities.

<https://blog.prepscholar.com/full-list-of-colleges-that-require-interviews>

At VIS mock interviews are organized on request, the University Counsellor needs to be informed well ahead of the actual interview date, giving ample time to organise interviews according to the specific discipline and University.

## **Portfolios**

Creative Arts students are typically asked for a practical art portfolio as part of the application process into Art and Design Schools and Universities. This collection of work, or a 'visual diary', shows how skills and ideas have developed over time. Very often portfolios are supported during an interview. More information can be obtained here:

<https://university.which.co.uk/advice/ucas-application/how-important-are-portfolios-and-interviews-for-creative-courses>

## **Career Guidance**

### **Philosophy**

The current trend in career advice is much less to do with the type of job one might go into and more about supporting students to be open-minded, flexible, willing to learn new skills, along side of developing networking connections and outstanding communication skills, with future work colleagues and employers.

Universities and employers are looking for adults, who are collaborative in their approach, lifelong learners who are self-directed in their learning, and adults who relish a challenge, who can well handle setbacks and the demands of industry.

In addition to this, at VIS we passionately and unashamedly support students to factor in their ever evolving and developing sense of wellbeing and self-worth. It is the merging of this sense of self-care and sense of good work ethic that combine to create a winning formula.

### **Events**

#### **1. Career Speed Networking**

Parents and friends of VIS, professionals from various fields spend time with High School students explaining their backgrounds and industry. In as such, students get exposure to the world of work in medical professions, business, law, finance, art and many others.

#### **2. Career Insight Sessions**

Visiting university admissions officers give presentations on such topics as the changing job markets, hospitality industry and related university courses, AI jobs and others.

At VIS we endeavor to give students access to university admissions officers from as wide a range of universities and countries as possible. It must be recognized however that there are limitation due to Malta's size and we are not on the university tour route for many universities. Visits do take place throughout the course of the year but these often have to be organized on an ad hoc basis.

## Career Search Tool

### **Bridge-U**

The Bridge-U Careers tool enables students to explore jobs and understand labour market demand, salary and related qualifications. This platform supports VIS students to build well-informed early career pathways by exploring interests, and supporting students to match each interest with a work industry category. Very useful in one's career research, the tool is a brilliant guide to finding the related university courses.

A profile is then drawn up through the Profile Builder aspect of Bridge-U, one with which possible university courses are then explored. Students' research eventually leads to a university shortlist for three reach, three match and three safety options. The final step is reached when students understand the entry requirements and decide which universities to apply to.

In addition to this, Bridge-U supports students to make an action plan based on students' identification of key skills and experiences. This Strategy Advisor aspect of the tool supports students to build their Personal Statement or application Essay.

#### **FACTS about Bridge-U platform:**

- Platform allows for school + student collaboration during career and university guidance process
- Platform is used in 115 countries by 70,000 students
- Platform accesses 28,000 universities worldwide

## **Grades 9 and 10: The IGCSE Pathway**

### **Overview of University Pathway for Grade 9**

A successful education is fundamentally about relationships. Work with Grade 9 students focuses on supporting and building a strong relationship, setting the ground for our work together in High school. This is done through meeting individually with students, working in groups and conducting presentations in classrooms, as well as through consultations with parents and teachers.

It is worth reminding that the High School transcript, a document which universities in the USA, Canada, and The Netherlands - just to mention few examples - records one's academic grades as early as Grade 9. This points to the fact that Grade 9 performance does have bearing on the University application process.

### **Overview of University Pathway for Grade 10**

Grade 10 students, whilst studying for the IGCSE challenges are concurrently thinking about their IBDP subject choices and their relevance to university programmes of their choice. University Counselor works very closely with the IB Coordinator to give guidance on selecting subjects within the IBDP programme of relevance to one's university course. Meetings are held, for both parents and students, highlighting the implications of subject choice for University study.

Students work with the College Counsellor to get an understanding of time-management skills, university admissions procedures, taking summer internships or doing voluntary work so as to gain experience and be able to record this on one's Personal Statement and/or University Essays.

## **Grades 11 and 12: The IB Diploma Pathway**

### **Overview of University Pathway for Grade 11**

University planning activities really kicks into high gear in Grade 11, where students are actively supported to research universities. It is our aim to support Grade 11 students to develop a clear idea of their chosen pathways by the end of the year. Active application procedures normally start at the very beginning of the next scholastic year, in Grade 12.

### **University GUIDED planning for Grade 11:**

Students in Grade 11 meet with the University Counsellor to ensure that chosen IB subject address university entry requirements.

Research at this stage is intensified. Students are advised to go through as many university websites as they can. The initial four months are crucial in initiating plans, doing research and to generate discussions along these lines. Supported by Bridge-U and 100Mentors students are expected to:

- Thoroughly read through the University's course module description to understand the programme's content.
- Check career prospects.
- Get familiar with as many universities and courses to be able to select preferences.
- Together with your University Counsellor, plan your SAT testing for Grades 11 and 12. Timely online applications need to be submitted through Collegeboard.com
- Consolidate ongoing discussions with parents regarding which country studying will be taking place in.
- Understand the financial aspect of your University education. Check out financial aid options such as grants and scholarships.
- Match Predicated IB grades with University's entry requirements.
- Short list preference of Universities.

The last few weeks of Grade 11 bear a significant weight within the university application pathway. The more work done in this respect, the better prepared one is and the easier it will be when it comes to actually working on the application and submitting it in Grade 12.

Students have a number of meetings with the University Counselor. Typical ones include:

- Walk Through the University Application Process: From NOW to Grade 12 First Semester.

- University Admissions testing: P/SAT for US admissions; BMAT/UKCAT, LNAT and others for Oxbridge, Medicine and Veterinary Courses.
- Applications to Canada, The Netherlands and the rest of Europe.
- Applications to UK. UCAS-Apply opens in May - Registration and Coaching on filling in UCAS form. A buzzword, which links the student's application to the school, will be given at the meeting.
- Applications to the USA.
- Writing a Personal Statement (UK) + Essays (USA) workshop.
- Putting an Individual Plan of Action in place: Developing an initial list of potential Universities
- Actions that need to be taken over the summer holidays. Planning of activities, internships, courses: All in support of the Personal Statement writing.

### **Tasks over summer recess:**

Each and every university's website needs to be scrutinized by student and parents, for entry requirements, admissions testing, application documentation requirement, and application deadlines. *It is the responsibility of the student together with parents* to access the various routes and to analyze, decide, and select the universities that will be receiving your applications.

Planning for university involves many considerations, including financial, academic, social, and geographic. Parents and students need to talk about the choices that are available, the student's interests and needs, and the realistic possibilities. Though this is intrinsically a very time consuming task yet it could also be experienced as a time of making choices, which define who one is.

Students are advised to set up a spread sheet to include the university name, entry requirements, course title, course duration, link to the university's site, and university's ranking to include QS World ranking as well as others. At this stage a substantial amount of research into university entry requirements is required. One's preferences, along with predicted grades, admission testing requirements (such as SATs) and possible routes need to be taken into consideration. You are encouraged to speak with admission officers of your selected universities, to ensure that your choices satisfy your vision.

If at all possible it is advisable to visit the targeted universities, as this will surely give a better feel and understanding of the whole set up of university life, ambiance, and academic atmosphere. Meeting with admissions officers additionally gives that personal experience which supports one's decision to ultimately sending in an application.



## Overview of University Pathway for Grade 12

Grade 12 is a time to work on the crafting and drafting of the university applications. Naturally, we are all aiming at having a finished product of a sound application that is compelling enough and enticing enough that makes our students stand out from the crowd. Research done previously and the narrowing of choices will support our work together in this year's first semester. Very regular meetings are held with your University Counselor, once that see your parents being actively involved too.

### Action Plan for the month of September

- Bring a draft of your personal statement and your list of universities to Counsellor meetings.
- Attend workshops/meetings called by your University Counsellor.
- Make good use of the Bridge-U platform.
- Students applying to Oxbridge or courses in Medicine, Dentistry, Veterinary Science, and Veterinary Medicine, must meet with the University Counsellor the first two weeks of school.
- Students applying to the US and are planning an Early Decision/ Early Action need to notify the University Counsellor. Refer to the following link for guidelines:  
<https://professionals.collegeboard.org/guidance/applications/early>

### Action Plan for the month of October

Periodic meetings continue to happen with students, parents and University Counsellor over the next few months. Important decisions are taken that affects the course of the next coming years.

- Students applying to the US and Canada are actively preparing documents and filling in applications. Ensure that you schedule regular meetings with your University Counselor to plan and prepare documentation that need to be uploaded on your online portals.
- Students applying to UK universities through UCAS need to honour the *VIS application deadline on October 1*. This ensures enough time to allow the Counselor to prepare all documents for the UCAS submission deadline on October 15.
- Check if there are any Admission tests or written work that must be submitted for courses.
- The final Personal Statement is to be completed, discussed with University Counsellor and any others who can give a constructive critical eye to it, before it is uploaded on your online applications.
- You are **STRONGLY** advised to work very closely with your University Counsellor to ensure a swift process throughout. Saving on procedure time frees up precious time that can otherwise be spent on studying and ultimately attaining a study-life balance.

### **Action Plan for the months of November and December**

Though UCAS application deadline for most courses falls on January 15, the *VIS deadline* for submitting UCAS applications is *December 1*.

This allows the University Counsellor to double check your application and to call on you and you parents for any fine tuning that needs to be done, prior to submitting applications before the Christmas recess.

One should note that though these are the official deadlines for receipt of applications, for very competitive courses and universities, it is *strongly recommended* to complete your UCAS application in October or November.

### **Action Plan for the months of January and February**

Students applying to The Netherlands are actively building their University applications through Studielink. Students will be guided accordingly through group and individual meetings.

The University Counsellor will carefully guide each student to the completion and submission of applications. All official school documentation required by your universities need to be officially endorsed by your University Counsellor. You are advised to consult and constantly inform your University Counsellor of steps that you take in your application journey.

# University Application Process

## Student Responsibilities

The whole process related to university selection is indeed a laborious one. So many aspects of the journey need detailed attention. Though you will be supported along the way, you need to be aware of the following responsibilities:

- It is your responsibility to attend group and individual meetings called by your University Counsellor. Scheduled meetings are required to be respected as the Counsellor's time need to be equally distributed with all students requesting attention - and hence efficiency around time usage is paramount. Honouring your commitments in terms of appointments is very important to secure a swift process, turning what could potentially be a daunting task, into a simplified, efficient one.
- The ultimate ownership of a University application is that of the student. Though supported by the University Counsellor, parents and teachers, the management and the actual filling in of the online application lay on the students.
- Students would need to have at hand their students' IDs given by their University, passwords and any access to online university applications so as to be able to work on the ongoing application with the University Counsellor.
- It is your responsibility to ask the University Counsellor for official documents such as Transcripts, and other letters communicating date of Graduation, English as the school's official language of tuition and Predicated Grades. Please be reminded that such documents need to be authenticated by your University Counsellor on behalf of the school.
- Whilst students are advised to apply to universities with entry profiles, which match their academic performances, such as PGs, SAT scores, LNAT, BMAT/UKCAT scores and others, VIS cannot fully support a student's candidature to universities with higher expectations than the student could possibly match.
- Though the University Counsellor supports students in the research of the university study programmes, the student takes the responsibility to understand if there is a fit between one's aspirations and goals, and the chosen programme.
- Students need to be aware of any admission testing required by their chosen universities. Online registration, adherence to application

deadlines, accessing the rigour of the testing and preparing for them is the sole responsibility of the student.

- Meeting university application deadlines is the sole responsibility of the student. Note that different courses, different universities worldwide set different deadlines.
- Requests for letters of recommendation need to go through the office of the University Counsellor. The Counsellor would then ask your chosen teachers to write such letters, which will be dispatched from the University Counselor's office to your universities.
- Students are requested to notify the University Counselor of any acceptances and/or rejections by universities, as well as the final choice of University.

## **University Application Process**

### **Parent Responsibilities**

The whole pathway to University inevitably requires parental involvement. As early as Grade 9 and 10, but more intensely at Grade 11 and 12 it is essential for all the stakeholders, namely students, parents and University Counsellor to come together, over more than one meeting to establish and align plans, so as to craft, as efficient as possible, the many steps involved in the application process.

Parents are called for introductory group meetings as well as individual meetings - to better understand implications involved in choices, fees, living and expenses, accommodation arrangements etc. The more planning and discussion made, the less room there will be for stress.

However it is vital for students to own their university journey and the application process. This process supports the student to an independent life soon to be lived away from home, on campus with friends and other fellow students.

Whilst parental guidance towards decisions is vital, students need to retain their autonomy. This matters not only in terms of choices, but also in terms of content of university essays and personal statement. These have to retain the student's authentic tone.

It is recommended for parents to:

- Have ongoing discussions about the different university options and to discuss the implications of the various projected university list.
- Support with research of study programmes at different universities.
- Keep an eye on deadlines for admissions tests and university applications.
- Work on the financial aspect of a university tuition costs and living, travelling and accommodation costs.
- Go over online applications prior to submission.

## **University Application Process**

### **University Counsellor responsibilities**

The University Counsellor is the link between VIS and Universities, and thus is a resourceful professional who skillfully navigates this transition. To support such a role, the University Counselor:

- Conducts individual and groups counselling, by providing a confidential helping relationship to support students with educational, personal, and social concerns.
- Plans and runs a programme for High School students, leading the whole process, step by step supporting and guiding both students and parents through the pathway leading to placement of students at University.
- Consults with parents, teachers, and University admissions officers thus determining the most appropriate ways to help students.

The University Counsellor's practice is regularly updated through professional development. In line with the demands of the profession, the VIS University Counsellor stays current in the profession through workshops, conferences, and web-based support.

## SECTION B

### Applying to UK Universities

#### Outline

Applications to most UK universities are completed through the Universities and Colleges Admissions Service (UCAS) system. The website address is [www.ucas.com](http://www.ucas.com)

This is the central clearinghouse for university applications in the UK. Students are asked to fill out an online form, a reference is added, and once the form is submitted, UCAS forwards the application to the universities of the student's choice. Each university then makes a decision about the application, forwards that information to UCAS, and it is then communicated to the student.

Students may typically select up to a total of five courses (up to 4 if applying to Medical courses), which could include several courses at the same university. It is common practice for conditional offers to be based on IB PGs.

#### Application Timeline

##### UK Application Deadlines

1. October 15 - Medicine, Dentistry, Veterinary Science, and Veterinary Medicine courses
2. October 15 - Oxford and Cambridge (OxBridge) Universities
3. January 15 - All other courses
4. March 15 - Art courses

#### N.B.

##### UCAS October Application Deadline

Though UCAS lists October 15 as its application deadline, VIS deadline for your completed application is October 1. This allows time for the reference letter and predicted grades to be added before applications are sent to UCAS by October 15.

##### UCAS January Application Deadline

Though UCAS lists January 15 as its application deadline, VIS deadline for your completed application is December 1. This allows time for the reference letter and predicted grades to be added before applications are sent to UCAS prior to the Christmas recess.

If you plan to apply to Oxford or Cambridge, discuss this with the Counselor during the second semester of Grade 11 in order to begin planning for

submission of the work samples and tests, which are often required by these two institutions.

## **Resources**

Various web resources support your quest to better understanding universities worldwide. Comprehensive great resources to support your initial search are the following sites:

Higher Education League Tables, published by the major British newspapers such as *The Guardian* and *Times* indicates the University's ranking.

<http://www.guardian.co.uk/education/universityguide>

[http://www.timesonline.co.uk/tol/life\\_and\\_style/education/gooduniversity\\_guide/](http://www.timesonline.co.uk/tol/life_and_style/education/gooduniversity_guide/)

Studying in the UK Universities

<https://www.thecompleteuniversityguide.co.uk/preparing-to-go/advice-for-parents/>

Filling in your UCAS Application

<https://www.ucas.com/file/77801/download?token=N47ycGOr>

Study London: Official Guide

<http://www.studylondon.ac.uk/application-advice/faqs/student-loans>

Unistats at [www.unistats.com](http://www.unistats.com)

This website allows you to compare a particular course - for example, Advertising, at all universities in the UK that offer it.

UK financing website:

<https://www.gov.uk/student-finance/eu-students>



## Applying to Universities in Ireland

### Outline

Students apply to Irish universities through an online portal, the Central Applications Office (CAO). The website address is [www.cao.ie](http://www.cao.ie)

### Application Deadline

The normal application deadline, with a €40 price, falls on February 1. However a discounted price of €30 is applied for students who apply by January 20. Should you decide to change your course choices, this can be done free of charge until 31<sup>st</sup> January.

### Resources

Student Resources:

<http://www.cao.ie/index.php?page=studentresources>

Parent/Guardian guide:

<http://www2.cao.ie/downloads/documents/CAOparentsguide.pdf>

How to Apply:

<http://www.educationinireland.com/en/How-do-I-apply-/>

Directory of Higher Education Institutes:

<http://hea.ie/higher-education-institutions/?v=l>

Undergraduate entry to Medicine:

<http://www2.cao.ie/downloads/documents/2018/UGMedEntry2018.pdf>

## Applying to US Universities

### Outline

Most universities in the US use the CommonApp application portal system, whilst others receive applications directly through their online apply system accessible through the university's website. The school uses BridgeU to upload documents requested by universities.

### Application Timeline

Students are advised to draw up an excel sheet with the different application deadlines, as these vary depending on different universities. Regular university application deadline is normally between **January 1** and **February 1**, depending on the University.

You are advised to follow the following link to guide you:

<https://www.universitylanguage.com/guides/us-university-and-us-college-application-deadlines/>

### Resources

Studying in the USA

<https://www.thecompleteuniversityguide.co.uk/international/north-america/united-states/>

- Overview of USA Higher Education
- How to get admitted and Fund your Degree.
- Where to begin your search and how to find the best school for you.
- Choosing a US University

## Applying to Canadian Universities

### Outline

The OUAC processes applications for Ontario universities only. For information about a university outside Ontario, contact the university directly or consult [Universities Canada](#).

Every university in Canada has its own entry requirements. Whilst applications are assessed on an individual basis, the High School and an IB Diploma are typical entry qualifications.

The application process varies by province. You might be guided to either a central application service or to a direct application to your university. Upload of documents requested by universities is done through BridgeU.

### Application Timeline

Whilst many Canadian universities have a “rolling admissions” system, typically there are two enrollment rounds. The application deadline for winter start is September 1st. The application deadline for summer start is January 15th.

### Resources

The Universities Canada website [universitystudy.ca](http://www.universitystudy.ca)

Directory of Canadian Universities

<https://www.universitystudy.ca/canadian-universities/>

Scholarships website <http://www.scholarshipscanada.com/>

# Applying to Other English Speaking Universities

## The Netherlands

### Outline

Dutch universities are expanding their pool of undergraduate degrees taught in English. Just to give an example, University of Groningen, a high-quality research-intensive university in the world's Top 100, offers more than 30 such courses.

Students can apply to four universities through Studielink, the official registration and application portal for programmes at Dutch higher education institutions. However it is advisable to always contact universities directly as some institutions use a different method to register students from abroad.

### Application Timeline

A general application deadline falls on 1 May for all other study programmes, however you are advised to check with the institution of your choice, as it may vary per institution and study programme. Exceptions to this are courses that are subject to Numerus Fixus, which always have earlier application deadlines, usually January 15.

### Resources

Studying in The Netherlands:

<https://www.thecompleteuniversityguide.co.uk/international/europe/netherlands/>

Dutch application process:

[https://www.studyinholland.co.uk/application\\_process.html](https://www.studyinholland.co.uk/application_process.html)

Studielink website:

<https://www.studyinholland.co.uk/studielink.html>

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Directory of Dutch degrees fully taught in English:

[https://www.studyinholland.co.uk/full\\_course\\_directory\\_bachelors.html](https://www.studyinholland.co.uk/full_course_directory_bachelors.html)

Information on Numerus Fixus:

<https://www.studyinholland.nl/documentation/step-by-step-plan-numerus-fixus-programmes.pdf>

## Other European Universities

A very useful resource to refer to is the European Universities Central Application Support Services. Through this site [www.eunicas.com](http://www.eunicas.com) one can access comprehensive and independent information on programmes taught in English, in Europe.

Universities in Europe regularly continue to announce new programmes taught in English. Examples of such courses coming from **Italy** include the following public Universities:

University of Bologna (Università degli Studi di Bologna)

University of Turin (Università degli Studi di Turin) - e.g. Business Management taught in English

Polytechnical University of Turin (Politecnico di Torino) - very famous for engineering programmes

Milan Polytechnical University (Politecnico Milano) -e.g. Architecture in English.

University of Milan (Università degli Studi di Milano) - e.g. Political Science taught entirely in English.

Other Universities in Italy include the private ones, with much higher tuition fees, such as:

Catholic University of Sacred Heart - Courses taught in English include:

BSc in Economics & management (Milan Campus)

BSc in International Relations & Global Affairs (Milan Campus)

BSc in Sustainable Agriculture for Food Quality & Environment (Piacenza Campus)

MD in Medicine & Surgery (Rome Campus)

John Cabot - An American University in Rome.

The American University of Rome - American University in Rome.

## Resources

Studying in Europe

<https://www.thecompleteuniversityguide.co.uk/international/europe/>

## University acceptances in the Past 5 Years

Around 97% of VIS graduates attend university, while some may take a gap year. Some of the university acceptances during the last three years include:

### England

University of Bath  
University of Birmingham  
University of Bristol  
University College London, UCL  
University of Durham  
University of Essex  
University of Kent  
University of Oxford  
University of East London  
University of Exeter  
University of Lancaster  
University of Manchester  
University of Newcastle  
University of Nottingham  
University of Sheffield  
University of Southampton  
University of Surrey  
University of Warwick  
University of York  
Imperial College London  
King's College London  
Kingston University  
Leeds Beckett University  
London School of Economics and political Science, LSE  
London South Bank University  
Loughborough University  
MET Drama School, London  
Middlesex University  
Oxford Brookes University  
Richmond University  
Royal Holloway, University of London  
SOAS, University of London

### Scotland

University of Aberdeen  
University of Edinburgh  
University of Glasgow

University of Strathclyde

### Wales

Cardiff University

### Canada

Carleton University  
Queens University  
University of British Columbia  
University of Toronto  
University of Waterloo  
York University

### The Netherlands

Leiden University  
Groningen University  
Radboud University Nijmegen  
The Hague  
HZ University of Applied Sciences

### United States of America

Florida Institute of Technology  
Samford University  
San Diego State University  
University of Central Florida  
University of Pennsylvania  
University of Maine  
University of Massachusetts  
Amherst

### Others

Anglo American University, Prague  
Bocconi University, Italy  
BHMS Switzerland  
British School of Design, Moscow  
KTH royal Institute of Technology, Sweden  
NYU Abu Dhabi  
SHMS Switzerland  
University of Hong Kong

The path leading to the student's final choice of University study is a long one, yet strong collaboration supports a manageable journey, giving a NEW TOMORROW to the VIS graduates.